

Apple Valley	Barstow	Lake Arrowhead
<p>Desert Valley Medical Center Birth & Beyond Center (760) 241-8000 ext. 8256</p> <p>Monday – Saturday 8:00 am – 4:30 pm</p> <p>16850 Bear Valley Road, Suite 203 Victorville, CA 92392</p>	<p>Barstow Community Hospital Bonding Baby Express (760) 957-3016</p> <p>Monday - Wednesday 8:00 am—4:30 pm *preferred if appointment made</p> <p>555 S. Seventh Street Barstow, CA 92311</p>	<p>Mountains Community Hospital Baby Steps (909) 336-3651 ext. 3519</p> <p>Monday – Thursday 8:30 am – 5:00 pm</p> <p>P.O. Box 70 29101 Hospital Road, Suite 104 Lake Arrowhead, CA 92352</p>
Loma Linda	Montclair	Redlands
<p>Loma Linda University Medical Center Mommy & Me Care Center (909) 558-MAMA</p> <p>Please call for an appointment</p> <p>Monday-Friday 10:00 am – 2:00 pm</p> <p>Faculty Medical Office, B-100 11370 Anderson Street Loma Linda, CA 92354</p>	<p>Doctor’s Hospital Medical Center of Montclair SuperStarts Mother and Baby Follow up Clinic (909) 625-8202 (to leave a message or to make an appointment for Tues/Fri) (909) 625-7110 (Tues/Fri)</p> <p>Tuesdays & Fridays 10:00 am-2:00 pm</p> <p>Walk-ins from 10:00 am to noon</p> <p>Doctor’s Medical Plaza 9675 Monte Vista Ave. Montclair, CA 91763</p>	<p>Redlands Community Hospital Birth and Beyond Follow-Up Clinic (909) 307-5022</p> <p>Monday 10:00 am – 3:00 pm (no appt. needed) Wednesday 8:00 am – 12:00 pm (by appt. only) Friday 2:00 pm – 5:00 pm (no appt. needed)</p> <p>Miller Building 350 Terracina Blvd. Redlands, CA 92373</p>
San Bernardino	San Bernardino	Victorville
<p>Community Hospital of San Bernardino – CHW Jump Start Mother/Baby Center (909) 887-6333 x 4737</p> <p>Tuesday& Wednesday 8:30 am – 2:45 pm Friday 8:30 am – 2:00 pm</p> <p>1725 Western Avenue San Bernardino, CA 92411</p>	<p>St. Bernardine Medical Center - CHW Jumpstart Mother/Baby Center (909) 881-4341</p> <p>Monday, Wednesday, Thursday, Friday 8:00 am – 4:30 pm Tuesday 1:00 pm – 4:30 pm Breastfeeding Clinic on Tuesdays 9:00 am – 1:00 pm</p> <p>2101 N. Waterman Ave (2nd floor of 2 Main) San Bernardino, CA 92404</p>	<p>St. Mary Medical Center Mommy and Me Center (760) 242-2311 ext. 8437</p> <p>Monday – Saturday 7:00 am – 7:30 pm</p> <p>Walk-in breastfeeding clinic Wednesday 9:00 am – 11:00 am</p> <p>16051 Kasota Rd., Suite 700 (in medical office building) Apple Valley, CA 92307</p>
Upland/Rancho Cucamonga		
<p>San Antonio Community Hospital Healthy Beginnings Family Care Center</p> <p>(909) 980-BABY (909) 980-2229</p> <p>Monday-Friday 8:30 am - 5:00 pm</p>	<p>(San Antonio Community Hospital continued)</p> <p>Walk-in Breastfeeding Center Monday—Friday 9:00 am—12:00 pm</p> <p>7777 Milliken Rancho Cucamonga, CA 91730</p>	<p>(San Antonio Community Hospital continued)</p> <p>Tuesday 9:00 am—12:00 pm 2:00-5:00 pm</p> <p>901 San Bernardino Rd. Upland, CA 91786</p>

BIRTH AND BEYOND FOLLOW UP CENTERS



RIVERSIDE

Hemet		
<p>Hemet Valley Medical Center Breastfeeding Clinic (909) 652-2811 ext. 5440</p> <p>Monday, Wednesday, Friday Mornings 9:00—11:30 am</p> <p>Appointments required except on Wednesday</p> <p>1117 East Devonshire Ave. Rm#103 Hemet, CA 92543</p>		

BIRTH AND BEYOND FOLLOW UP CENTERS

