

LOMA LINDA UNIVERSITY

Family & Preventive Medicine Resident Biographies

March 2009



Joel Mundall, MD - PGY-3

Joel completed his undergraduate degree in international studies at Southern Adventist University, followed by his medical degree from Loma Linda University in 2006. During medical school he completed electives in lifestyle medicine and global health. He has multiple interests, and is currently pursuing his MPH in the field of epidemiology. Upon completion of residency Joel is committed to working in an international setting. He also sees himself doing research, especially in the areas of nutrition and complementary medicine.



Greg Steinke, MD, MPH - PGY-3

Greg received his medical degree from Loma Linda University in 2006. During medical school he spent a year completing an MPH in nutrition. He was also extensively involved in several community based Lifestyle Medicine programs, and completed a cross-country elective looking at several residential Lifestyle Medicine facilities. He is a natural leader and facilitator whose passion is for changing lives using natural, wholistic remedies.



Audley Williams, MD - PGY-3

Audley completed his undergraduate degree at University of Toronto as well as Oakwood College where he majored in biology. He graduated from Loma Linda University School of Medicine in 2006. During medical school he took several active leadership roles, including graduating class president his senior year. Upon completion of his training Audley sees himself running an outpatient wellness center, implementing Lifestyle Medicine, Family Medicine and Preventive Medicine skills.



James Crouse, MD - PGY-2

James did his undergraduate work at Andrews University where he majored in Biology. After taking a couple of years off he matriculated at Loma Linda University where finished in 2007, graduating Alpha Omega Alpha and winning the Wil Alexander Whole Person Care award. During medical school he served as co-President of the Mission Interest Group and spent time in Mexico, Bangladesh and Chad. He is fluent in Spanish as well as English. His passion is for patient education and missions both at the individual and population levels.



Alicia Paris-Pombo, MD - PGY-2

Alicia completed her medical degree at LaSalle University (“the Harvard of Mexico”) in 1990, graduating first in her class. She subsequently completed a Masters in Community Health and Epidemiology at Queens University in Canada in 1999. She has worked in clinical medicine in Mexico, as a health research consultant in Canada, and as a Public Health epidemiologist in Northern California. She is fluent in Spanish and French as well as English. Her goal is to be a well rounded physician and public health practitioner who can help meet the needs of the underserved.



Sarah Turner, MD - PGY-2

Sarah did her undergraduate work at Southern Illinois University in 2003 majoring in physiology and chemistry. She completed her Medical School at Loma Linda University in 2007. During medical school she spent time in Kenya as well as in a local after school mentoring program. Through her clinical years she has been actively involved with preventive medicine electives and research, and has developed a passion for health promotion and Lifestyle Medicine.



Jessica Watters, MD - PGY-2

Jessica did her undergraduate work at Gordon College majoring in biology and Chinese studies. She completed her Medical Degree from the University of Michigan in 2007. During medical school she took time off for language training and spent elective time in Western China, Ghana and Honduras. She is fluent in Spanish and Mandarin as well as English. Her vision is to help establish Family Medicine in the country of China.



Natalya Dennisov, MD - PGY-1

Natalya graduated from the Russian State Medical University in 1997. After immigrating to the United States she entered the Stanford University Physician's Assistant training program, graduating from that in 2002. Over the last 6 years she has been working in underserved community health settings. Natalya is interested in both Lifestyle Medicine and Global Health, however her passion is working with the underserved, especially with woman's and reproductive health. She enjoys cooking, traveling and reading.



Tenisha Mitchell, MD - PGY-1

Tenisha did her undergraduate work at McMasters University where she graduated with honors in chemistry and earned her medical degree from Loma Linda University in 2008. During medical school she completed two Preventive Medicine research electives leading to publication of a poster at the International Congress on Vegetarian Nutrition. She was also active in the Family Medicine Interest Group. Tenisha is most interested in Lifestyle Medicine, and enjoys cooking, singing and reading in her spare time.



Robert Poquechoque, MD, MPH - PGY-1

Robert completed his undergraduate degree in physiological sciences at UCLA, and received his medical degree from the American University of the Caribbean in 2006. He completed a Masters in Public Health at the University of Southern California in 2008. Robert is interested in Global Health. He has significant interest in Latino populations and has spent time teaching in this area. Since his family is from Bolivia he has a particular expertise in that country. He is fluent in Spanish and English and has interests in reading, dancing, and swimming.



Sarah Winslow, MD - PGY-1

Sarah did her undergraduate work at Walla Walla College focusing on humanities, and completed her medical degree at Loma Linda University in 2008. During medical school she helped to start and was the founding president of the Preventive and Lifestyle Medicine Interest Group (PLMIG) at Loma Linda University. She also took a leadership role in the Coronary Health Improvement Project (CHIP) elective offered at Loma Linda University. Sarah will be focusing on the Lifestyle Medicine track. Her interests include Spanish, running, reading, and cooking.

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Rikki Martinez, Incoming Resident

Rikki graduated with a BA, majoring in Biology from Point Loma Nazarene University in 2003 and will be finishing her medical degree at LLU School of Medicine in May, 2009. Rikki was elected the freshman class representative for the American Medical Association Loma Linda chapter in 2005 as well as the Co-Vice President of Community service for the family medicine interest group during her senior year. During her school career she volunteered as a medical missionary in various capacities locally and abroad. Rikki enjoys singing in the church choir, traveling, visiting museums and religious art. Rikki's long term goal is to be involved with overseas missions in Myan Mar.

Sunny Pak, Incoming Resident

Sunny did his undergraduate work at UC Berkeley in 1995, double-majoring in Molecular and Cell Biology as well as East Asian Languages and Culture. Sunny went on to earn a degree in Traditional Chinese Medicine from the American College of Traditional Chinese Medicine in 2001. He will be completing his medical degree in May, 2009, graduating from UC at Davis School of Medicine. Sunny has experience working as a licensed acupuncturist, research scientist and project manager and medical interpreter. Sunny is fluent in Cantonese, Mandarin and English. In his free time he enjoys playing the violin, photography, Chinese calligraphy, hiking, cooking and gardening. His long term goal is to practice medicine in a setting that can best utilize all the skills he will have accumulated to serve the greatest number of people locally and abroad.

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Dipika Pandit, Incoming Resident

Dipika graduated with a BS, majoring in Medical Technology at Southern Adventist University in 2004. She will be completing her medical degree at Loma LLU School of Medicine in May, 2009. During her school career Dipika served as co-pastor for her class and volunteered in various community outreach projects locally and abroad. She also worked as a Medical Technologist and Certified Nurse's Assistant. Her interests and hobbies include playing the piano and flute, hiking, camping, running and missions. Dipika wishes to work in the medical missionary field locally and abroad with a special interest in children.



Tiffany Vock, Incoming Resident

Tiffany completed her undergraduate degree at Tulane University in 2005, majoring in neuroscience and will be graduating from Touro University College of Osteopathic Medicine in May, 2009. During medical school, Tiffany held positions as assistant vice president of social affairs at her school and vice president of the Tulane University Blood Drive Committee. She volunteered extensively in community outreach projects focusing on terminally ill children. In her free time she enjoys pilates, yoga, golfing, cooking and horseback riding. As a family and preventive medicine practitioner Tiffany's goal is to focus on whole patient care.